

(334) 712-3336 or (800) 735-4998 **samc.org** 

# Support Groups



#### **ALS**

(Amyotrophic Lateral Sclerosis or Lou Gehrig's Disease) 1st Tuesday each month 3 p.m.

Newton Baptist Church Newton, AL

Melissa Enfinger: 334-312-3328 Melissa@alsalabama.org

## **AMPed Up**

Amputee Support Group 1st Thursday, each month Noon

SAMC Rehab Services building, Neurobalance Center 1480 Ross Clark Circle Debbie Griffin: 334-712-3726

#### **Autism Support Group**

For meeting location and time, call Fran Heisner: 334-793-8714; or email: fcheisner@samc.org

#### **Better Breathers**

(does not meet summer months)
3rd Tuesday each month
10 a.m.

SAMC Doctors Building 7th floor Conference Room Cardiac Rehab: 334-793-8025

## Breastfeeding

1st & 3rd Thursday each month 10 a.m. to noon Women's Center 2nd floor Conference Room C Lactation Office: 334-673-4141

# **Caring Hearts**

Meets quarterly on 3rd Wednesday of these months:

March

June

September

December

SAMC Doctors Building 7th floor Conference Room Cardiac Rehab: 334-793-8025

**Crowns of Glory** (formerly Hang In There), for parents of children with disabilities and illnesses.

4th Saturday, every other month (Feb, April, June, August, Oct, Dec) 6 p.m.

SAMC Auditorium Conference Room Lisa Patterson: 334-793-1044

#### **Diabetes**

Quarterly 3rd Tuesday 3–4:30 p.m. SAMC Women's Center 1st floor-Diabetes Treatment Center Classroom 334-793-8854 or 1-800-223-0843

## I'm 2 Young 4 Breast Cancer

3rd Tuesday each month 6-7:30 pm Women's Center, third floor Ladonna Danford: 334-699-8111, ext. 8459

### Pain

Last Tuesday each month 10-11 a.m. Southeast Pain Management Center 334-793-8196

#### Parkinson's

(does not meet summer months)
3rd Tuesday each month
Noon
SAMC Rehab Services building
1480 Ross Clark Circle
Haley McNeal: 334-793-8961

#### **The Pink Ambassadors**

1st Friday each month (except January, July and September) 11 a.m. to 1 p.m. SAMC Doctors Building 7th floor Conference Room Medical Call Center: 334-712-3336 or 1-800-735-4998

#### Stroke

3rd Thursday each month (except November) 11:30 a.m. to 1 p.m. SAMC Doctors Building 7th floor Conference Room Sharon Bidwell: 334-793-8726, ext. 5

# **US-TOO Prostate Cancer**

(Wiregrass Chapter)
1st Thursday, each month except July and January
6 p.m.
7th floor Doctors Building
SAMC Public Relations: 334-793-8107